

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Greeff**

Has successfully participated & completed the  
**10km Ezemvelo Trail Run Challenge 2019**

held at Ezemvelo Nature Reserve.

**TIME 01:58:03**

**PACE 11:48/km**  
**OVERALL 90 of 104**

**GENDER 46 of 57**  
**40 - 49 11 of 16**

20 October 2019, Sun

Date



*BoutTime*

Signature

